

Health Policies at Meadow Glade Adventist Elementary School

Welcome to Meadow Glade Adventist Elementary School! I hope the following information about health policies will be helpful to you. Please read carefully.

Immunizations – Per WAC 246-105-030 any child attending school is required to be fully immunized at the ages and intervals consistent with the national immunization guidelines for his or her age/grade. Washington requires all students to have their immunization records recorded on the Washington State Certification of Immunization (CIS) form signed and dated by a parent/guardian AND your child's health care provider, or printed from your [MyIR](#) account. CIS forms not signed by a physician or printed directly from your MyIR account must be accompanied by immunization records from your health care provider (no handwritten documents unless signed by the HCP).

All students entering school in Washington State must have the following:

- Hepatitis B: 3-dose series
- DTaP: 5-dose series. ***Students ≥ 10 years old must have a Tdap vaccine before entering 7th grade***
- Polio: 4-dose series
- MMR: 2-dose series
- Varicella: 2-dose series

Vaccination Exemptions must be submitted on the Washington Department of Health Certificate of Exemption form. This form must be completed and signed by both a parent/guardian **and** an approved Health Care Practitioner **licensed in Washington state**. For detailed information and forms, please visit <https://doh.wa.gov/community-and-environment/schools/immunization>.

*MGAES maintains student immunization records on the WAIS database, and we are required to submit annual reports to the state from this database. Permission for the school nurse to update students' records as needed remain valid unless revoked in writing.

Student Health History Form – This form is required for all new students prior to the beginning of the school year, along with a copy of the student's most recent well check. Any changes to a student's health information must be reported with an updated Student Health History Form.

Health Screening – In the fall, MGAES conducts a school-wide screening. Each student receives vision screening, as well as height and weight measurements. Students in grades K, 1, 2, 3, 5, and 7 will also receive hearing screening. During the winter, all students in kindergarten and those new to first-grade receive color vision screening. Parents are notified of the results of these screenings and will be asked to seek follow-up exams with a health care professional(s) as needed.

Medication at School – We realize that there are occasions when children must take prescribed medication at school. Per Washington state law, any student taking medication at school must have the Prescription Medication Administration form filled out **and signed by his/her health care provider** and parent/guardian.

Over-the-counter medications will not be provided to students without written authorization from the student's health care provider via the Authorization for Non-Prescription Medication form. All medication at school forms need to be renewed yearly and can be obtained from the school or on the MGAES website.

****Students with known asthma or allergies requiring epinephrine or inhalers, or other emergency medications**

– written authorization AND medication(s) MUST be provided to the school prior to the student attending school.**

Illness – Please **do not** send your child to school if he/she is ill. It is not ok for other students to be unnecessarily exposed to illness. If you have questions regarding your child’s illness or symptoms, please contact the school nurse.

- **It is not appropriate for students who have signs and symptoms of a viral illness and/or have had a fever, vomiting, or diarrhea in the past 24 hours to come to school.**
- **All students must be symptom-free for a full 24 hours before returning to school** (without the use of medication to control a fever)
- **Any student who comes to school ill will be sent home ASAP, and must be picked up in a timely manner.**

MGAES must adhere to the WA Department of Health’s requirements for infectious disease and illness. Parents can review the DOH’s [What to do if you are sick with Covid-19 or another respiratory virus](#) for recommendations on respiratory illnesses. Children who are coughing, sneezing, and/or have a runny nose would do best to stay home as well. Growing bodies need time to heal. Remember to always encourage frequent hand washing and covering sneezes with one’s elbow. We all want to work together to develop good health practices and modeling good habits is a great way to teach our children.

Head Lice – Head lice is a “nuisance” disease and is not considered particularly dangerous to the community’s health. However, lice do cause considerable anguish and disruption to both one’s home and school. Therefore, in order to minimize problems, we do the following:

- Check individual students as possible problems are observed.
- Any child who has head lice or nits will be excluded from school until treatment can be started. The student may return to school as soon as the first treatment is completed. We ask that the student stop by the office before returning to class.

Please feel free to contact me at 360-687-5121, or email lbott@mgaes.org with any questions or concerns you may have about health policies at MGAES. I am praying for a healthy and happy school year!

Laura Bott BSN, RN – MGAES school nurse