

Health Policies at Meadow Glade Adventist Elementary School

Welcome to Meadow Glade Adventist Elementary School! I hope the following information about health policies will be helpful to you. There are several updates to this policy, so please read carefully.

Immunizations – Per WAC 246-105-030 any child attending school, is required to be fully immunized at the ages and intervals consistent with the national immunization guidelines for his or her age/grade. The state requires all students to have their immunization records recorded on the [Washington State Certification of Immunization \(CIS\) form](#), signed and dated by a parent/guardian **AND your child's health care provider**, or printed from your [MyIR](#) account. If the CIS form is not signed by a physician or printed directly from your MyIR account, your child's immunization records **from your health care provider** must also be submitted (no handwritten documents unless signed by the HCP).

All students entering school in Washington State must have the following:

- Hepatitis B: 3-dose series
- DTaP: 5-dose series. ***Students 10 years old and in 7th or 8th grade must also receive a Tdap vaccine**
- Polio: 4-dose series
- MMR: 2-dose series
- Varicella: 2-dose series

Vaccination Exemptions must be submitted on the Washington Department of Health's [Certificate of Exemption](#) form. This form must be completed and signed by both a parent/guardian **and** an approved Health Care Practitioner **licensed in Washington state**. For detailed information, please visit <https://doh.wa.gov/community-and-environment/schools/immunization>, or use this QR code to access Washington's Immunization Information for Families:



*MGAES maintains student immunization records on the WAIS database, and we are required to submit annual reports to the state from this database. Permission for the school nurse to update students' records as needed will be requested and remain valid unless revoked in writing.

Physical Examinations – The following students should turn in a physical exam completed by their health care provider. A [Preparticipation History and Examination](#) form is available at the school office and on our website under Documents and Forms.

- Students entering **Kindergarten**, or who are new to MGAES for the current school year
- Students entering **3th grade** and **6th grade**

Health Screening – In the fall, MGAES conducts a school-wide screening. Each student receives vision and hearing screening, as well as height and weight measurements. During the winter, all students in kindergarten and those new to our 1st grade class have color vision testing. Parents are notified of the

results of these screenings and will be asked to seek follow-up exams with a health care professional as needed.

Head Lice – Head lice is a “nuisance” disease and is not considered particularly dangerous to the community’s health. However, lice do cause considerable anguish and disruption to both one’s home and school. Therefore, in order to minimize problems, we do the following:

- Check individual students as possible problems are observed.
- If one case is confirmed, each child in that classroom will be checked, as well as any siblings who attend MGAES.
- If any siblings have head lice, their classmates will also be checked.
- Any child who has head lice or nits will be excluded from school until treated by his/her parents. The student may return to school as soon as treatment is completed. We ask that the student stop by the office before returning to class.

Medication at School – We realize that there are occasions when school children must take prescribed medication at school. In keeping with Washington State Law, any student taking medication at school must have the [Prescription Medication Administration](#) form filled out **and signed by his/her health care provider** and parent/guardian. All medication at school forms need to be renewed yearly and can be obtained from the school or on the MGAES website. **Over-the-counter medications will not be provided to students without written prescription from the student’s health care provider via the [Authorization for Non-Prescription Medication](#) form.**

Illness – Please **do not** send your child to school if he/she is ill. It is not ok for other students to be unnecessarily exposed to illness.

- **It is not appropriate for students who have signs and symptoms of a viral illness and/or have had a fever, vomiting, or diarrhea in the past 24 hours to come to school.**
- **All students must be symptom-free for a full 24 hours before returning to school** (without the use of medication to control a fever)
- **Any student who comes to school ill will be sent home ASAP**

MGAES must adhere to the WA Department of Health’s requirements for Covid and other illnesses. Parents can review the DOH’s [What to do if a Person is Symptomatic](#) for recommendations on Covid-like illnesses. Children who are coughing, sneezing, and/or have a runny nose would do best to stay home as well. Growing bodies need time to heal. Remember to always encourage frequent hand washing and covering sneezes with one’s elbow. We all want to work together to develop good health practices and modeling good habits is a great way to teach our children.

Please feel free to contact me by phone at 360-687-5121, or email lbott@mgaes.org with any questions or concerns you may have about health policies at MGAES.

Laura Bott BSN, RN – MGAES school nurse