Welcome to Meadow Glade Adventist Elementary School. I hope the following information about health policies will be helpful to you.

**Immunizations** – Per WAC 246-105-030 any child attending school, is required by law to be fully immunized at the ages and intervals consistent with the national immunization guidelines for his or her age/grade. The state of Washington requires all students to have their immunization records recorded on the [Washington State Certification of Immunization](http://www.wa.gov) (CIS) form. This particular form must be signed and dated by a parent or guardian as well as your child’s health care provider, or printed from your MyIR account. Photo copies of other immunization records, faxes from your physician’s office, and/or hand-written records are not acceptable. If the CIS form is not signed by a physician, your child’s immunization records from your health care provider must also be submitted.

All students entering school in Washington State must have the following:

- Hepatitis B: 3-dose series
- DTaP: 5-dose series. **Students who are 10 years old and in 7th or 8th grade must also receive a Tdap vaccine**
- Polio: 4-dose series
- MMR: 2-dose series
- Varicella: 2-dose series

**Physical Examinations** – The following students should turn in a physical exam completed by their health care providers. A [Preparticipation History and Examination](http://www.meadowlake.wa.gov) form is available at the school office and on our website under Documents and Forms.

- Students entering **Kindergarten** (or **1st grade** if the student did not attend school at MGAES for kindergarten)
- Students entering **4th grade**
- Students entering **7th grade**
- All students new to MGAES or who did not attend MGAES the previous school year

**Health Screening** – In the fall, MGAES conducts a school-wide screening. Each student receives vision and hearing screening, as well as height and weight measurements. During the winter, all students in kindergarten and those new to our 1st grade class have color vision testing. Parents are notified of the results of these screenings and will be asked to seek follow-up exams with a health care professional as needed.
**Head Lice** – Head lice is a “nuisance” disease and is not considered particularly dangerous to the community’s health. However, lice do cause considerable anguish and disruption to both one’s home and school. Therefore, in order to minimize problems, we do the following:

- Check individual students as possible problems are observed.
- If one case is confirmed, each child in that classroom will be checked, as well as any siblings who attend MGAES.
- If any siblings have head lice, their classmates will also be checked.
- Any child who has head lice or nits will be excluded from school until treated by his/her parents. The student may return to school as soon as treatment is completed. We ask that the student stop by the office before returning to class.

**Medication at School** – We realize that there are occasions when school children must take prescribed and non-prescribed medication at school. In keeping with Washington State Law, any student taking medication at school must have either the Doctor’s Authorization for Prescription Medication Administration or Parental Authorization for Over the Counter Medication Administration filled out and signed by his/her physician and/or parents (or guardians) as indicated on the form(s). All medication at school forms need to be renewed yearly and can be obtained from the school or on the MGAES website.

**Illness** – Please **do not** send your child to school if he/she is ill. It is not ok for other students to be unnecessarily exposed to illness.

- **It is not appropriate for students who have signs and symptoms of a viral illness and/or have had a fever, vomiting, or diarrhea in the past 24 hours to come to school.**
- **All students must be symptom-free for a full 24 hours before returning to school** (without the use of medication to control a fever)
- **Any student who comes to school ill will be sent home ASAP**

MGAES must adhere to the Washington State Department of Health’s requirements for Covid and other illnesses. Parents can review the DOH’s [What to do if a Person is Symptomatic](https://doh.wa.gov/community santé/covid-19/what-to-do-if-a-person-is-symptomatic) for recommendations on Covid-like illnesses. Children who are coughing, sneezing, and/or have a runny nose would do best to stay home as well. Growing bodies need time to heal. Remember to always encourage frequent hand washing and covering sneezes with one’s elbow. We all want to work together to develop good health practices and modeling good habits is a great way to teach our children.

Please feel free to contact me at school (360-687-5121) with any questions or concerns you may have about health policies at Meadow Glade Adventist Elementary School.

Laura Bott BSN, RN – MGAES school nurse