

Health Policies at Meadow Glade Adventist Elementary School

2020-2021

Welcome to Meadow Glade Adventist Elementary School. I hope that the following information about health policies will be helpful to you.

Immunizations- Per WAC 246-105-030, any child attending school, is required by law to be fully immunized at the ages and intervals consistent with the national immunizations guidelines for their age/grade. The state of Washington requires all students to have their immunization records recorded on the Washington State Certificate of Immunization form. This particular form must be signed and dated by a parent or guardian. Photo copies of other immunization records, faxes from your physician's office, and hand written records are not acceptable. The school your child last attended may take a long time sending health records. For that reason you may choose to phone that school and get immunization dates directly. All students entering school in Washington State must have the following:

- Hep B: 3-dose series
- DTaP: 5-dose series. **Students who are 11 years old and in 7th or 8th grade must also receive a Tdap vaccine.**
- Polio: 4-dose series.
- MMR: 2-dose series.
- Varicella: 2-dose series.

Physical Examinations - The following students should turn in a physical exam by their healthcare provider. A **Pre-Participation History and Examination** form is available at the school office and on our website.

- Students entering **Kindergarten** or **1st** grade if the students did not attend school at Meadow Glade Elementary School for kindergarten.
- Students entering **4th** grade.
- Students entering **7th** grade.
- All students who are new to Meadow Glade Elementary School or who did not attend MGAES the previous year.

Health Screening- In the fall, a school-wide screening is conducted. Each child receives vision and hearing screening, as well as being weighed and measured. During the winter, all students

in kindergarten and those new to our 1st grade class have color vision testing. Parents are notified of the results of these screenings and will be asked to seek follow-up exams with a health care professional as needed.

Head Lice- Head lice is a “nuisance” disease and is not considered particularly dangerous to the community’s health. However, lice do cause considerable anguish and disruption to both one’s home and the school. Therefore, in order to minimize the problems, we do the following:

- Check individual students as possible problems are observed.
- If one case is confirmed, each child in that classroom will be checked, as well as any siblings who attend school at Meadow Glade Elementary School.
- If any siblings have head lice, their classmates will also be checked.
- Any child who has head lice or nits will be excluded from school until treated by their parents. The student may return to school as soon as treatment is completed. We ask that the student stop by the office before returning to class.

Medication at School- We realize that there are occasions when school children must take prescribed and non-prescribed medication at school. In keeping with Washington State Law, any student taking medication at school must have either the Doctor’s Authorization for Prescription Medication Administration, or Parental Authorization for Over the Counter Medication Administration, filled out and **signed** by their physician and/or by their parents or guardian as indicated on the Medication Administration forms. All medication at school forms need to be renewed **yearly** and can be obtained from the school or on our web site.

Illnesses: Please **do not** send your child to school if they are ill. It is not ok for the other students to be unnecessarily exposed to illness. **It is not appropriate for students that have signs and symptoms of a viral illness, have had a fever, vomiting, or diarrhea in the past 24 hours to come to school. All students must be symptom free for a full 24 hours before returning to school. Children coming to school ill will be sent home ASAP.** Children who are coughing, sneezing, and/or have a runny nose would do best to stay at home as well. Growing bodies need time to heal. Remember to always encourage frequent hand washing, and covering sneezes with your elbow. We all want to work together to develop good health practices and modeling good habits is a great way to teach our children.

Please feel free to call me at school 687-5121 with any questions or concerns you may have about health policies at Meadow Glade Adventist Elementary School.

Melissa Dietrich RN – MGAES School Nurse